



Abstract | **The Is Thirty**



We're conditioned to believe that when we reach a certain age, we should have accomplished very specific goals. This conditioning often leads us to dark spaces of self-doubt and Self-rejection. This doubt and rejection often clouds and diminishes the simple truth that every man, woman, boy and girl on this earth has their own journey to walk. Most of us are stuck; stuck simply because we fail to see the progress that we've made, and the success that we are. This talk was designed to remind the listener of the winner that they are, and of the breakthroughs that they've experienced. At the end of this session we should be empowered to move forward, with peace, knowing that we are enough. We are more than our productivity.

FOCUS

The workshop uses a combination of Lecture, Quotes, Anecdotes, and Personal Declarations. It teaches the importance of self validation and affirmation.

There are two prominent thoughts that this workshop ***This Is Thirty*** will erase.

1. "I'm am behind"
2. "I don't measure up"

By the end of the session the above thoughts will be replaced by

1. "I AM exactly where I'm supposed to be"
2. "I Am not to be compared"



Our right to peace and self-acceptance, is not the responsibility of anyone but ourselves. This is our opportunity to live from a perspective of life and life more abundantly. My grandfather put it this way, "IT'S ALL IN HOW YOU SEE IT". King Solomon said it this way "FOR AS HE THINKETH IN HIS HEART, SO IS HE. How are you thinking, how do you see it, through which lense are you viewing life?"

Presenter: G. Allen Battle

Em: GA@GAllenBattle.org | Ph: (404) 913-2689

www.GAllenBattle.org

P.O. Box 441092, Kennesaw, GA 30160